

Placer's Gold Toastmasters

Newsletter articles should be submitted to:
Janet Lotze, jlotze@placer.ca.gov
Auburn, CA 95603

We meet each Tuesday 12-1 PM in the
Placer County Finance & Admin. Clerk/
Recorder Conference Room, Located at
2954 Richardson Drive, Auburn, CA

Club Officers:

President	Michael O'Haver	889-4267
VP – Education	Shelly Fletcher	886-5281
VP – Public Relations	Jan Lotze	886-1857
VP – Membership	Veena	
	Vijayaraj-Kadidal	889-4295
Treasurer	Joe Lotze	889-5948
Sergeant at Arms/Secretary	Teresa DuChien	889-4231

INSPIRATION

We must become the change we want to see in the world.

Author:
Mahatma Gandhi

TOASTMASTERS

Placer's Gold Nuggets

Club 6080, Area 63, District 39, Division F
NEWSLETTER–February 2006

Editor – Janet Lotze
Publisher – Michael O'Haver

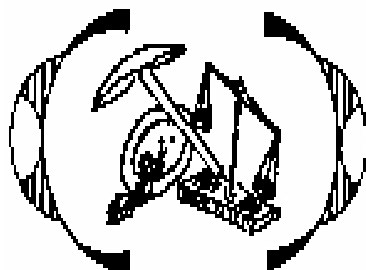
The Pres Sezz *Continued*

nice to achieve the club goal of 2 CTMs by June 2006 (or CCs -Competent Communicators, as they will soon be called).

I want everyone to start thinking about the contests that are coming up soon. February 28, 2006 will be our International Toastmaster's Contest at the Club level and March 7, 2006 will be the Evaluator's Contest. For the International Contest you can do any type of speech – serious or humorous, but you have to have completed at least 6 speeches out of your first manual. There is no "speeches under your belt" requirement for the evaluator's contest. And remember you get extra points for our club Championship Series, for entering contest.

Eight Rules for Evaluators - Contributed by D. Michael O'Haver

1. Do your homework, read the project objectives and evaluation guide from the speaker's manual.
2. Confer with the speaker before the speech. Listen carefully to any areas they want you to pay particular attention to.



3. Start your evaluation by recognizing the speaker's strengths.
4. Provide verbal reward for growth and improvement.
5. Couch any criticism by suggesting positive directions for growth or recommend alternative actions.
6. Reinforce the speaker's commitment to self-improvement.
7. Be positive and supportive.
8. Make the speaker feel good about themselves.

The Pres Sezz...



By D. Michael O'Haver

It is February already and we are in the final stretch. Quite a few members are getting close to completing their CTM requirements. Joyce, Veena and Teresa all have a chance. I urge those of you who are, to write those speeches, practice, practice, practice and see Shelly for scheduling a date to give that speech. It is only by setting those goals and accomplishing them that you grow and become better speakers, evaluators and leaders. And of course it would be



Michael O'Haver welcoming new member Margie Winden.

Inside This Issue:

THE PRES SEZZ	1
MONTHLY INSPIRATION	1
HOW TM CAN HELP YOU	2
CHAMPIONSHIP STANDINGS	3
TIC TOC - DO YOU WANT TO BE A STAR?	3
CLUB OFFICERS	4
EIGHT RULES FOR EVALUATORS	4

How Toastmaster's Can Help You

Adapted by Janet Lotze from an article found at <http://bitsnspeeches.tripod.com/id22.html>

Your success in business is based on how effective you are. Through participation in the Toastmasters Competent Communicator program, people from all backgrounds learn to effectively speak, conduct a meeting, manage a department or business, lead, delegate, and motivate.

How Toastmasters works.

- As your improved communication skills become obvious within the workplace, increased visibility, recognition and promotion will follow.
- Your improved presentation skills will win you the respect and admiration of your colleagues and employees - and make them wonder what you did to change!
- Leadership skills acquired through participation in Toastmasters will increase your management potential.
- As a Toastmaster you will acquire an increased ability to motivate and persuade, making you more effective as a supervisor or manager.
- Members of Toastmaster Clubs have access to a wide range of educational materials, including books, audio and videotapes, and seminar programs available at reduced cost through the Toastmasters International Supply Catalog.

How Toastmasters Meets Your Needs

- [Established in 1924](#), Toastmasters International uses time-tested programs that are continually updated to meet participant's needs.
- Self-paced programs allow you to progress as rapidly or gradually as your needs dictate.
- The hands-on Competent Communicator program provides the "how-to" and the practical experience so critical to progress.
- Toastmasters Clubs meet at various locations in the morning, at noon and in the evening. You'll be sure to find a Club that fits your needs.
- The Toastmasters program is cost effective, especially when compared to seminars charging hundreds of dollars per day. There is a \$20 new member fee, and \$27 dues every six months. Club dues are additional which cover club expenses.
- An atmosphere of professional camaraderie makes your Toastmasters Club a unique learning environment -- informal, yet dedicated to learning.
- [The Toastmasters program](#) can be tailored to meet your personal objectives. Whether you desire improvement in prepared or impromptu speaking, greater skill in the use of visual aids, experience and knowledge is to be gained in the areas that most interest you.

How The Program Works

- The Toastmasters program exposes each participant to a wide range of communication experiences.
- Each new Toastmaster receives a New Member Kit. The kit features a copy of the basic Competent Communicator manual, general orientation materials

and information regarding skill improvement in areas such as speech evaluation and the use of gestures.

- The initial prepared speeches, as outlined in the basic Competent Communicator program manual, are designed with the new Toastmaster in mind.
- A variety of assigned speeches help the participant develop competency in areas such as organization, voice inflection and persuasiveness.
- During the meeting's Table Topics session, members learn to think on their feet by delivering short impromptu speeches, lasting one to two minutes.
- After giving a prepared speech, each Toastmaster receives a constructive speech evaluation. This process recognizes speakers for their strengths and provides valuable insight into problem areas.
- Upon completion of the basic Competent Communicator program, Toastmasters may participate in the Advanced Competent Communicator program. Participants may choose from specific business oriented topics such as Speeches by Management and Technical Presentations.
- Workshop style Success/Leadership programs are also available, offering opportunities for further skill development in areas such as leadership, public speaking and conducting business meetings. These programs are especially effective as in-house training and can be tailored to meet the needs of your company.

Club Championship Standing

The Current Club Standings are:

1 st :	~ Teresa DuChien	585
2 nd :	~ Joyce Pope	447
3 rd :	~ Veena Vijayaraj-Kadid	352

TIC TOC

Do you want to be a star?

Did you know that your speech can be video taped and aired on cable TV? It's true! Imagine telling your friends and family to watch you at 7PM next Wednesday evening...

Arne Sampe meets with Toastmaster members every Tuesday at 6 PM at the Coloma Community Center in Sacramento with intentions of putting you on the air. To find out more about this opportunity, contact Arne at (916) 362-9013. Tell him that Tony Frontino sent you.

